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## Six suggestions for your summer holiday in Normandy

Summer is the perfect time to experience all that Normandy has to offer, from sound and light shows and food festivals to brand new family-friendly attractions and art exhibitions. Here is our pick of what not to miss over the summer season:

**1) Just opened: *Rockwell art exhibition at the Mémorial de Caen museum***

This new collection, titled 'Rockwell, Roosevelt and the 4 Freedoms', features over 70 works by Norman Rockwell, one of America's most popular press illustrators and painters. The first time Rockwell's work has been displayed in France, this exhibition runs until 27 October. [Tickets: €10 | normandy.memorial-caen.com/events/temporary-exhibitions/rockwell-roosevelt-four-freedoms](http://normandy.memorial-caen.com/events/temporary-exhibitions/rockwell-roosevelt-four-freedoms)

**2) Just opened: *The Ocean of the Future at La Cité de la Mer in Cherbourg***

Following extensive renovations, family-friendly museum La Cité de la Mer has just opened its new permanent underwater exhibit, where visitors of all ages can enjoy learning about the deep sea and visiting 16 aquariums housing native and exotic species through touch screen technology. [Adults: €19 / Children: €14 | citedelamer.com/en/exhibitions/the-ocean-of-the-future](http://citedelamer.com/en/exhibitions/the-ocean-of-the-future)

**3) Just opened: *Dufy at the André Malraux Modern Art Museum in Le Havre***

Raoul Dufy was born in Le Havre in 1877, and it was here where he trained as a Fauvist artist. As a result, he retained a lifelong attachment to the city, and its maritime setting was the inspiration for many of his works. This exhibition runs until 3 November. [Adults: €10 | Under 26s: free | muma-lehavre.fr/en/exhibitions/raoul-dufy-le-havre](http://muma-lehavre.fr/en/exhibitions/raoul-dufy-le-havre)

**4) 6 July-31 August, 7:30pm until midnight: *Evening tours of the Abbey of the Mont-Saint-Michel***

Experience Normandy's most iconic landmark the Mont-Saint-Michel like never before, for when night falls on the bay this summer, not only will it light up, it will also open its doors to visitors for a unique night tour of the abbey. [Adults: €15 | Children: €12 | leschroniquesdumont.fr/spectacle](http://leschroniquesdumont.fr/spectacle)

**5) 1 June-15 September, nightfall: *Sound and light shows in Rouen***

It's that time of year when the sun sets late and temperatures are mild – perfect weather for watching a sound and light show. This year, the walls of Rouen Cathedral will come to life with Normandy's colourful Viking history. [Free entry | en.rouentourisme.com/cathedral-of-light](http://en.rouentourisme.com/cathedral-of-light)

**6) 3-4 August: *Summer food festivals in the Pays d'Auge, land of cider and cheese***

The first weekend of August sees the return of two free, family-friendly food festivals, the Trouville mackerel festival on the Flowered Coast and the Liverot cheese fair in the Pays d'Auge. [trouillesurmer.org/evenements-et-animations/temps-forts/fete-de-la-mer-et-du-maquereau](http://trouillesurmer.org/evenements-et-animations/temps-forts/fete-de-la-mer-et-du-maquereau) | [lesfromagesdenormandie.com/32eme-foire-aux-fromages-livarot-vo1692.html?](http://lesfromagesdenormandie.com/32eme-foire-aux-fromages-livarot-vo1692.html?)

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